



DOJO RULES

1. Students will bow upon entering and leaving the dojo, and will not leave the dojo floor without first receiving permission from the Sensei in charge. When unavoidably late, or returning to class, the student will enter, bow, move sideways away from the door, kneel, and wait for the Sensei's instructions.
2. Students will behave as gentlemen, and ladies at all times, inside and outside the dojo.
3. No student will provoke violence, inside or outside the dojo; nor allow himself or herself to be provoked into violence, under threat of expulsion from the sport of karate for life.
4. Higher belts will aid lower belts in their training. Lower belts will follow instructions, and example of the higher belts in the dojo.
5. No alcohol will be consumed before class. Eating candy, gum or other foods is forbidden during class.
6. There will be no sparring without appropriate safety gear, and the express permission of the Sensei. Also, students must ask to use any equipment in the dojo.
7. Students will maintain a serious attitude in the dojo at all times. No profanity, unnecessary or loud talking will be tolerated.
8. DO NOT CRITICIZE OTHER KARATE-KA.
9. Students must comply with the dojo health rules. Personal cleanliness is essential. Fingernails and toenails must be trimmed and short at all times, **UNIFORMS MUST BE CLEAN AND PRESSED** before each class.
10. No rings, watches, earrings, necklaces, or other jewelry may be worn during class.
11. Students will attend at least one class weekly, at a time designated for their instruction. Any student absent from their instruction for a period of more than one month, without the understanding of the Sensei, may be expelled from the school without notice.
12. Under no circumstances will any student, from white to brown belt, teach the art of karate to any person, or persons, without the permission and sanction of their Sensei. Any student who does so teach, **CAN AND WILL BE DEMOTED TO THE RANK OF WHITE BELT.**
13. **ALL BLACK BELTS ARE TO BE ADDRESSED AS SENSEI.**
14. Lower belts must keep the dojo clean, (by dusting or mopping the floor, moving out unused equipment). It is up to the higher belts to make sure this rule is enforced.
15. Safety is everyone's responsibility. Report unsafe practices, or situations to Sensei.
16. Work hard, have fun.

